



C B E
COGNITIVE BEHAVIOURAL EDUCATION

Professional Service Menu

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INDIVIDUALS

CLINICAL SUPERVISION

\$200+PH

Our Clinical Supervision service is designed for individuals, teams, or organisations, working within the mental health or allied health industry. For those who work regularly in a trauma space, this service can provide beneficial support.

Shanna's selection of topics, their relevance, and depth of knowledge demonstrated to be of high caliber, and Shanna's facilitation was excellent. I would highly recommend Shanna to psychologists, therapists, clinicians from early career throughout the development of their careers; also managers, clinical supervisors, pre-licensed clinicians, university students (psychology/counselling/social work) seeking Clinical consultation - regardless of role as supervisors or supervisees/consultant or consultee.

Ruth Braunstein,
Community Psychologist,
Founder Wellbeing Psychology Online

LEADERSHIP DEVELOPMENT SESSION

\$250+PH

Managers and leaders can access CBE's career consulting services, focusing on utilising a psychological approach to improve confidence in their own leadership skills.

I first came across Shanna and CBE on LinkedIn where she ran a brilliant webinar on "Using adverse childhood experiences research in practice". Being a Cognitive Scientist myself, I joined the session to learn more about how I can help the teens I work with. She came across as professional and knowledgeable. I subsequently worked with Shanna to gain deeper insights into the Trauma of Teens so that I could identify teens at risk and ensure that these clients are well catered for. I highly recommended Shanna and her team.

Paula Dunn
No Limits Consulting PTY LTD

CLINICAL CAREER COACHING

\$970+PM

Our Clinical Career Coaching service focuses on you, and how we can empower you to feel confident in your career choices and pathways. Our coaching program will involve an initial onboarding process which utilises psychological assessments to ensure our approach is catered to your learning and personality styles.