

MANAGING CLIENTS' TRAUMA

What should I expect from CBE's training?

Many professions, although not considered 'caring professions', still require an extremely high level of interpersonal engagement and involvement. This level of engagement can lead to consistent exposure to the problems and trauma of others, without enough specific training to appropriately deal with these issues. For those working within the legal system, this is a prevalent concern.

Our training aims to fill this gap in professional development, and equip you and your colleagues with the tools needed to effectively cope with potentially draining interactions with clients. During this training, we will lead you through an exploration of trauma and its various forms, the importance of relationship dynamics, and intervention and wellbeing strategies.

This training will be presented in a form with the utmost relevance to your organisation, and will reduce the risk of employees' wellbeing being damaged through their work role.

What will I learn from CBE's training?

After undertaking CBE's training, you will have the following abilities:

- Thoroughly comprehend what trauma is, and its impact.
- The ability to recognise trauma in your clients.
- Understand the role we hold in dealing with people, and how to ensure we hold a positive and productive position.
- Feel confident in implementing appropriate intervention strategies whilst staying safe and professional.
- Understand the importance of wellbeing, and be active in implementing these strategies moving forward.

To continue to support your workplace in bettering their understanding and responses to trauma, head to our website at www.cbe.net.au for more opportunities.

